



INTERCULTURAL TRAINER ACADEMY



Intercultural Trainer Academy Online March 2023 - Tentative Overview

Week 1 – March 20-24

Times are displayed in CEST time

	Monday	Tuesday	Wednesday	Thursday	Friday
09.00-09.30	Official opening and introduction	Check-in & opening activity	Check-in & opening activity	Check-in & opening activity	Check-in & opening activity
09.30-12.00	Getting to know everyone	Practice: Demo exercise	Training methods	DIY: Round of Practice 1	Theory: Teaching and learning from a cultural perspective
	Program overview & expectations	Theory: Cultural differences	Theory: Thinking styles	Theory: Stereotypes, prejudice, discrimination	Story circles
12.00-14.00	Break & self-study time*				Break (12.00-13.00)
14.00-17.00	Theory: Culture & intercultural competence	Theory: Self-concepts & choice	Practice: Prepare for Rounds of Practice	DIY: Round of Practice 2	Theory: Evaluation of trainings We end at 15.00
	Intro to intercultural trainings (virtual / in presence)	DIY: Practice presenting in virtual settings	Practice: Prepare for Rounds of Practice	DIY: Round of Practice 3	
17.00-18.00	Individual task*	Individual task*	Individual task in pairs*	Individual task in pairs*	
Optional program	Welcome evening (19.00-20.00)			Virtual team building activities (19.00-20.00)	

*Please note that we will provide different mandatory tasks for each self-study session between 17.00-18.00. Completing the tasks is necessary to be able to fully participate in the program.

Explanation

General parts / Intro / Reflection	Theory input	Practical application	Advanced training design	Optional sessions	Individual task / Self study
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INTERCULTURAL TRAINER ACADEMY



Week 2 – March 27-31

Times are displayed in CEST time

	Monday	Tuesday	Wednesday	Thursday	Friday
9.00-9.30	Check-in & opening activity	Check-in & opening activity	Prepare for the day together	Running your sessions & feedback	Running your sessions & feedback
9.30-12.00	Market of training design principles	Experiencing & debriefing a simulation	Prepare your training session (with individual coaching by trainer team)		
	Trainer Styles / Me as a Trainer		Check in at 11.30		
12.00-14.00	Break & self-study time*				Break (12.00-13.00)
14.00-17.00	Managing challenging participant behavior	The power of debriefing	Prepare your training session (with individual coaching by trainer team)	Running your sessions & feedback	Closing ceremony & certificates We end at 15.00
	Parallel sessions on different topics	Content & sequencing			
17.00-18.00	Optional: Flipchart visualization workshop (17:15-18:00)	Individual task*			
Optional Program		Open night with Trainers (19.00-20.00)	Individual task in pairs**	Farewell evening	

*Please note that we will provide different mandatory tasks for each self-study session between 17.00-18.00. Completing the tasks is necessary to be able to fully participate in the program.

**Please note: Based on your progress during the day, you might need extra time in the evening to prepare for your own session.

Explanation

General parts / Intro / Reflection	Theory input	Practical application	Advanced training design	Optional sessions	Individual task / Self study
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