



# INTERCULTURAL TRAINER ACADEMY



## Course Overview Intercultural Trainer Academy – Online Edition

### Module 1

Times are displayed in CEST time

	Day 1	Day 2	Day 3	Day 4	Day 5
09:00-10:00	Official opening	Theory: Cultural differences	Theory: Self-concepts and choice	Theory: Thinking styles	Theory: Stereotypes, prejudice, discrimination
10:00-12:00	Getting to know everyone Program overview & expectations´  Basics of training	Applying theory	Applying theory	DIY: Round of practice 1	Applying theory
		Practice: Experiential demo exercise & meta discussion	Training methods & tools in virtual trainings	DIY: Round of practice 2	Dealing with challenging participant's behavior
12:00-14:00	Break & self-study time*				Break (12:00-13:00)
14:00-17:00	Theory: Culture & intercultural competence	Introduction to experiential learning	Practice: Prepare for rounds of Practice	DIY: Round of practice 3	Evaluation of first week & reflections of learnings (Module ends at 15.00)
	Introduction to intercultural trainings (virtual / in presence)	DIY: Practice presenting in virtual settings	Practice: Prepare for rounds of practice	Topic A: Working with objects Topic B: Diversity awareness for trainers	
17:00-18:00	Self-study assignments*	Self-study assignments*	Self-study assignments with co-trainer*	Self-study assignments with co-trainer*	
Optional program		Welcome evening (19:00-20:00)		Virtual team building activities (19:00-20:00)	

\*Please note that we will provide different mandatory tasks for each self-study session between 17:00-18:00. Completing the tasks is necessary to be able to fully participate in the program.



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## Explanation

General parts / Intro / Reflection	Theory input	Practical application	Advanced training design	Optional sessions	Individual task / Self study
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## Module 2

## Module 3

## Module 4

Times are displayed in CEST time

	Day 6	Day 7	Day 8	Day 9	Day 10
09:00-10:00	Theory: Teaching and learning from a cultural perspective	Theory: Evaluation of trainings			
10:00-12:00	Applying theory	Experiencing & debriefing a simulation	Prepare your training session with a co-trainer (with individual coaching by trainer team)	Running your sessions & feedback	Running your sessions & feedback
	Market of training design principles				
12:00-14:00	Break & self-study time*		Break	Break (12:00-13:00)	Break (12:00-13:00)
14:00-17:00	Trainer styles / Me as a trainer	Using simulations in trainings	Prepare your training session with a co-trainer (with individual coaching by trainer team)	Running your sessions & feedback	Closing ceremony & Evaluation of Trainer Academy (Module ends at 15:00)
	Training content & sequencing	The power of debriefing			



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17:00-18:00	Flipchart Visualization workshop	Open night with trainers: Q&A about the training business				
Optional program					Farewell evening	

## Explanation

General parts / Intro / Reflection	Theory input	Practical application	Advanced training design	Optional sessions	Individual task / Self study
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