## 0

### INTERCULTURAL TRAINER ACADEMY



Times are displayed in CEST time

### Course Overview Intercultural Trainer Academy – Online Edition

Module 1

	Day 1	Day 2	Day 3	Day 4	Day 5
09:00- 10:00	Official opening	Theory: Cultural differences	Theory: Self-concepts and choice	Theory: Thinking styles	Theory: Stereotypes, prejudice, discrimination
10:00- 12:00	Getting to know everyone Program overview & expectations' Basics of training	Applying theory	Applying theory	DIY: Round of	Applying theory
		Practice: Experiential demo exercise & meta discussion	Training methods & tools in virtual trainings	practice 1  DIY: Round of practice 2	Dealing with challenging participant's behavior
12:00- 14:00	Break & self-study time*				Break (12:00-13:00)
14:00- 17:00	Theory: Culture & intercultural competence	Introduction to experiential learning	Practice: Prepare for rounds of Practice	DIY: Round of practice 3	Evaluation of first week & reflections of learnings (Module ends at 15.00)
	Introduction to intercultural trainings (virtual / in presence)	DIY: Practice presenting in virtual settings	Practice: Prepare for rounds of practice	Topic A: Working with objects Topic B: Diversity awareness for trainers	
17:00- 18:00	Self-study assignments*	Self-study assignments*	Self-study assignments with co-trainer*	Self-study assignments with co-trainer*	
Optional program		Welcome evening (19:00-20:00)		Virtual team building activities (19:00-20:00)	

<sup>\*</sup>Please note: the online live sessions will be daily **from 10am-5pm** (except Day 1: starting **9am**). There will be different **mandatory tasks** for self-study sessions (theory videos; theory reflection tasks; preparations etc.). The self-study can be scheduled on your own account (e.g. before the seminar hours in the morning or between 5-6pm, etc.). Completing the tasks is necessary to be able to fully participate in the program.

#### **Explanation**

General parts / Intro /	Theory input	Practical	Advanced training	Optional	Individual task / Self
Reflection		application	design	sessions	stud

# 0

## INTERCULTURAL TRAINER ACADEMY



Module 2			Module 3	Module 4	Times are displayed in CEST time
	Day 6	Day 7	Day 8	Day 9	Day 10
09:00- 10:00	Theory: Teaching and learning from a cultural perspective	Theory: Evaluation of trainings			
10:00- 12:00	Applying theory		Prepare your training session with a co-trainer	Running your sessions	Running your sessions
	Market of training design principles	Experiencing & debriefing a simulation	(with individual coaching by trainer team)	& feedback	& feedback
12:00- 14:00	Break & self-study time*		Break	Break (12:00-13:00)	Break (12:00-13:00)
14:00- 17:00	Trainer styles / Me as a trainer	Using simulations in trainings	Prepare your training session	Running your sessions & feedback	Closing ceremony & Evaluation of Trainer Academy (Module ends at 15:00)
	Training content & sequencing	The power of debriefing	with a co-trainer (with individual coaching by trainer team)		
17:00- 18:00	Flipchart Visualization workshop	Open night with trainers: Q&A about the training business			
Optional program				Farewell evening	

<sup>\*</sup>Please note: **Day 6+7**: the online live sessions will be **from 10am-5pm.** There will be different **mandatory tasks** for self-study sessions. The self-study can be scheduled on your own account (e.g. before or after the seminar hours). **Day 8**: Consultation day (no regular course hours, self-organized preparation for own certificate session with coaching from trainers). **Day 9-10**: Online sessions 9am-5pm/3pm).

### **Explanation**

General parts / Intro /	Theory input	Practical	Advanced training	Optional	Individual task / Self
Reflection		application	design	sessions	study